

# Sde Dov



## Architectural

### Project Dossier

Space. Movement. Experience.

Visualizations | Planning | Materials

Equipment Schedule

ARCHITECTURAL  
FITNESS STUDY

# One Space. One Design Language.

## PROJECT BOOK

Spatial planning, the training experience and material expression in one dossier.



03-04

### Project Dossier

#### 01 Planning and Layout

Planning views from the original model

05-07

#### 02 Selected Visualizations

Interior, cardio and strength views

08-10

#### 03 Materials and Colour

Surfaces, details and colour palette

11-17

#### 04 Equipment Schedule

Illustrated equipment list from document V2

18

#### 05 Coordination and Next Steps

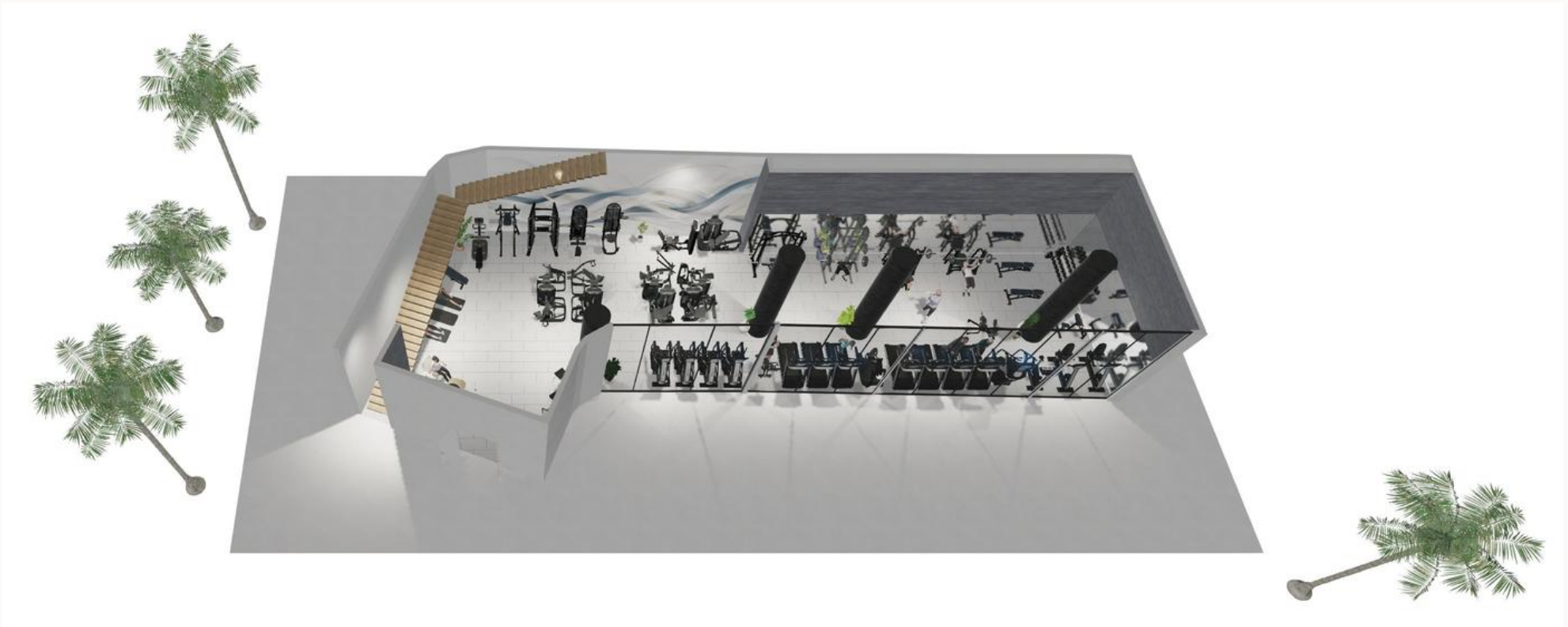
Items to approve before implementation

The visuals convey atmosphere and materials. Planning views and the schedule provide a basis for coordination with the design team.

## The Overall View

### SPATIAL OVERVIEW

Envelope, columns and equipment layout from the original model.



Axonometric view, not to scale. Verify dimensions before implementation decisions.

# Five Zones. One Space.

## SPATIAL ORGANISATION



01

### Cardio

Along the glazed facade

02

### Strength equipment

Training stations

03

### Free weights

Benches and weights

04

### Stretching

Floor exercise and movement

05

### Seating and waiting

Near the entrance

Overhead view from V2. Zone descriptions are not measured or construction drawings.



## A Space in Motion

### INTERIOR VIEW

The ceiling rhythm, dark columns  
and wave wall meet in the interior  
view of the space.

Enhanced interior view

Visualization illustrating design intent

# Light. Views. Movement. | Cardio



Visualization illustrating design intent

Cardio zone facing the glazed facade

# Strength at the Heart of the Space



Visualization illustrating design intent

Strength equipment and the wave wall

A Balanced Material Foundation

MATERIAL PALETTE / 01

Visual details drawn from the original visualizations.



Light surface

LIGHT SURFACE

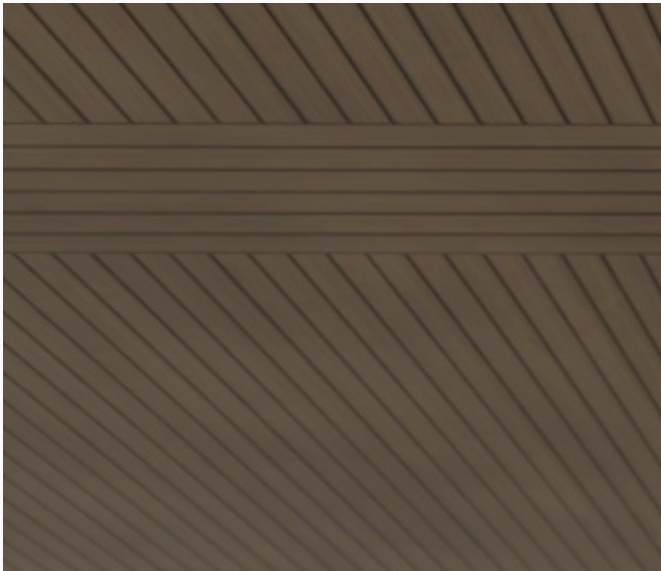
Light-toned flooring with a defined joint grid.



Dark cladding

DARK TEXTURE

Dark stone-like texture on the envelope.



Timber rhythm

TIMBER RHYTHM

Timber-look ceiling arranged in parallel lines.

Visual intent only. Materials, manufacturers and final colours require selection and approval.

# Movement, Transparency and Detail

## MATERIAL PALETTE / 02

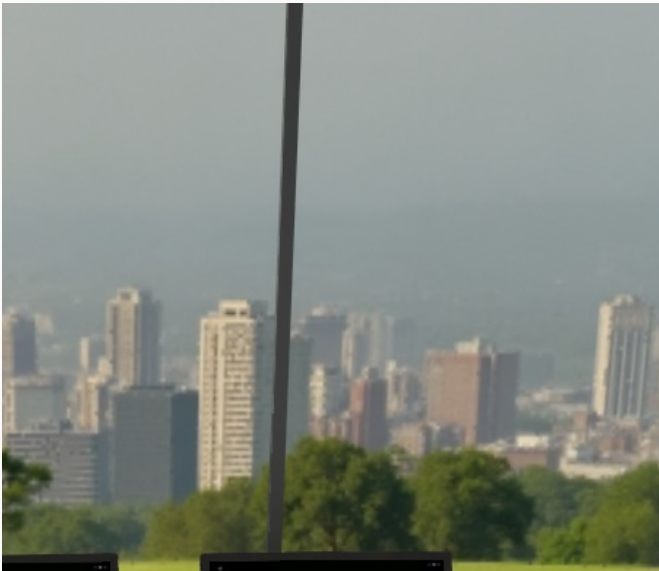
Visual details drawn from the original visualizations.



Wave wall

### FEATURE WALL

Flowing graphics in light and blue tones.



Transparent envelope

### GLASS EDGE

Glazed facade overlooking the landscape shown in the visuals.



Dark equipment finish

### EQUIPMENT FINISH

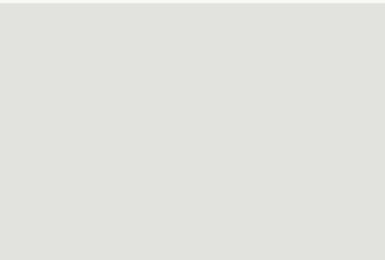
Dark bodies, metal components and equipment details.

Visual intent only. Materials, manufacturers and final colours require selection and approval.

# Colours Drawn from the Space

## COLOUR & DESIGN LANGUAGE

Light tones, charcoal, timber and wave colours: a visual palette from the renderings.



Warm light tone



Charcoal



Timber



Smoky blue



Graphite

LIGHT

CHARCOAL

TIMBER

WAVE BLUE

GRAPHITE



## Connecting Lines and Materials

The straight ceiling and floor lines contrast with the soft movement of the wave wall. Dark equipment and cladding form a recurring visual element.

Screen reference only; do not use this palette to order paint or materials.

## Equipment as Part of the Design

### EQUIPMENT SCHEDULE

An illustrated schedule for review and coordination.



# 33

Schedule entries

Names, models, item images and quantities follow the equipment list in file V2.

---

### Reading the Schedule

English model names and quantities are retained. Missing manufacturers are marked; unidentified items are not assigned assumed identities. Images come from the original document.

01 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 01-06 from the original equipment list.

| Qty | Original manufacturer | Description / Model                                                 | Image                                                                                 | No. |
|-----|-----------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| 1   | Matrix Fitness        | Smith machine<br>MG-PL62 Smith Machine                              |    | 01  |
| 1   | Matrix Fitness        | Hip abductor / adductor<br>VS-S74P Hip Abductor/Adductor            |    | 02  |
| 1   | Matrix Fitness        | Assisted dip / chin<br>G3-S60 Dip/Chin Assist                       |    | 03  |
| 1   | Matrix Fitness        | Lat pulldown<br>G3-S30-03 Lat Pulldown                              |   | 04  |
| 1   | Not specified         | No description or model in source<br>Name and model to be confirmed |  | 05  |
| 1   | Matrix Fitness        | Back extension bench<br>MG-A52 Back Extension Bench                 |  | 06  |

Quantities are as listed in the source; they do not imply the contents of sets.

02 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 07-12 from the original equipment list.

| Qty | Original manufacturer | Description / Model                                            | Image                                                                                 | No. |
|-----|-----------------------|----------------------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| 3   | Not specified         | Adjustable bench<br>MG-A82 Adjustable Bench LP                 |    | 07  |
| 1   | Matrix Fitness        | Preacher curl bench<br>MG-A62 Preacher Curl                    |    | 08  |
| 1   | Matrix Fitness        | Vertical knee raise / chin station<br>MG-A63C VKR w/Chin       |    | 09  |
| 1   | Matrix Fitness        | Olympic flat bench<br>MG-A678 Breaker Olympic Flat Bench       |   | 10  |
| 1   | Matrix Fitness        | Olympic incline bench<br>MG-A679 Breaker Olympic Incline Bench |  | 11  |
| 1   | Matrix Fitness        | Adjustable abdominal bench<br>MG-A77 Adjustable Ab Bench       |  | 12  |

Quantities are as listed in the source; they do not imply the contents of sets.

03 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 13-18 from the original equipment list.

| Qty | Original manufacturer | Description / Model                                | Image                                                                                 | No. |
|-----|-----------------------|----------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| 4   | Not specified         | ONYX ascent trainer<br>Onyx Ascent Trainer         |    | 13  |
| 1   | Matrix Fitness        | Upright exercise cycle<br>Onyx Upright Cycle       |    | 14  |
| 1   | Matrix Fitness        | Stair climber<br>Onyx ClimbMill                    |    | 15  |
| 2   | Not specified         | Recumbent exercise cycle<br>Onyx Recumbent Cycle   |   | 16  |
| 7   | Not specified         | Treadmill<br>Onyx Treadmill                        |  | 17  |
| 1   | Standard Fitness      | Yoga mat and Pilates ball<br>Yoga Mat Pilates Ball |  | 18  |

Quantities are as listed in the source; they do not imply the contents of sets.

04 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 19-24 from the original equipment list.

| Qty | Original manufacturer | Description / Model                                         | Image                                                                                 | No. |
|-----|-----------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| 1   | Matrix Fitness        | Biceps curl<br>G7-S40 Independent Biceps_ITC                |    | 19  |
| 1   | Matrix Fitness        | Converging chest press<br>G7-S13 Converging Chest_ITC       |    | 20  |
| 1   | Matrix Fitness        | Diverging lat pulldown<br>G7-S33 Diverging Lat Pulldown_ITC |    | 21  |
| 1   | Matrix Fitness        | Leg extension<br>G7-S71 Leg Extension_ITC                   |  | 22  |
| 1   | Matrix Fitness        | Leg press<br>G7-S70 Leg Press_ITC                           |  | 23  |
| 1   | Matrix Fitness        | Seated leg curl<br>G7-S72 Seated Leg Curl_ITC               |  | 24  |

Quantities are as listed in the source; they do not imply the contents of sets.

05 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 25-30 from the original equipment list.

| Qty | Original manufacturer | Description / Model                                         | Image                                                                                 | No. |
|-----|-----------------------|-------------------------------------------------------------|---------------------------------------------------------------------------------------|-----|
| 1   | Matrix Fitness        | G7-S34 strength station<br>G7-S34 Diverging Seated_ITC      |    | 25  |
| 1   | Matrix Fitness        | Converging shoulder press<br>G7-S23 Converging Shoulder_ITC |    | 26  |
| 1   | Matrix Fitness        | Triceps press<br>G7-S42 Triceps Press_ITC                   |    | 27  |
| 1   | Matrix Fitness        | Virtual training cycle<br>CXV Virtual Training Cycle        |   | 28  |
| 2   | Not specified         | Yoga mat and blocks<br>Yoga Mat Blocks                      |  | 29  |
| 1   | Not specified         | No further description in source<br>ZEX-DB05-7002           |  | 30  |

Quantities are as listed in the source; they do not imply the contents of sets.

06 | Equipment Schedule

EQUIPMENT SCHEDULE

Items 31-33 from the original equipment list.

| Qty | Original manufacturer | Description / Model                               | Image                                                                               | No. |
|-----|-----------------------|---------------------------------------------------|-------------------------------------------------------------------------------------|-----|
| 1   | Ziva                  | No further description in source<br>ZXP-RKHF-1831 |  | 31  |
| 1   | Matrix Fitness        | Stretch platform<br>Stretch Platform              |  | 32  |
| 1   | Matrix Fitness        | Upper body cycle<br>Upper Body Cycle              |  | 33  |

Coordination Items

Confirm the identity and model of item 05, complete missing manufacturer fields and check all items against the final layout.

Quantities are as listed in the source; they do not imply the contents of sets.

From Design to Coordination

DESIGN COORDINATION

Items to approve for further design and implementation.



Dimensions and layout

Verify room dimensions, column positions, circulation routes and equipment.

Equipment and infrastructure

Approve models and quantities and coordinate equipment infrastructure needs.

Materials and colours

Select and approve finish materials and final colours.

Document scope

Visualizations are illustrative. Views are not to scale and are not construction drawings.



EUROTEC GROUP

V2. Enhanced visualizations illustrate design intent; do not derive dimensions or construction changes from them.

Planning and specification source: Sde Dov